### Weekly Update April 10, 2024

### Please join us on Sunday for Holy Eucharist

The Third Sunday of Easter April 14, 2024 8 am & 10 am\*

# Celebrants: The Reverend Victoria Pretti and The Rev. Deacon Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube \*To view the livestream service please click the link below.





St. Martha's



#### Wednesday, April 10th:

- Men's Discipleship Group will meet from 8 9 am in the conference room.
- Seashell ringers practice at 1 pm.
- Finance Committee at 4 pm (Zoom).
- Choir practice at 7 pm.

#### Sunday, April 14th:

• Book Study will continue the book, "Open Mind, Open Heart" by Thomas Keating. They will meet in the Narthex in between services from 9 to 9:45 am.

#### Monday, April 15th:

Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap.
 Some will be available.

#### Tuesday, April 16th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice
  that helps us to calm our minds, balance our emotions, and feel more
  energized. Done seated or standing and is accessible to everyone. Bring a yoga
  mat if you have one, and some water. Suggested donation: \$10.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

#### Wednesday, April 17th:

- Men's Discipleship Group will meet from 8 9 am in the conference room.
- Seashell ringers practice at 1 pm.
- Scholarship Committee meeting at 2:30 pm in the conference room.
- Choir practice at 7 pm.

### **Upcoming Events**

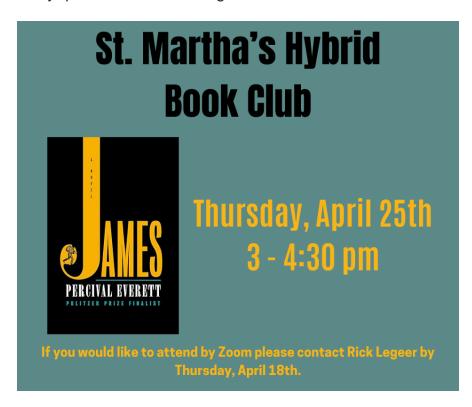




## Celebrating Talent Saturday April 20 and Sunday April 21

Everyone has talent and here at Martha's many have talents that no one even knows about! This is your chance to share your craft.

Do you quilt, knit, paint, draw, make jewelry, bake, garden or any other craft? You are welcome to bring craft to display or sell on Saturday, April 20th from 11-2 and Sunday April 21st in between services and at coffee hour. Sign up sheet is in the parish hall. Any questions call Pat Long 302-841-8898.



Please note that our meetings will now be one and a half hours. The additional half hour appears warranted given the time needed for recent discussions. Also, our Zoom capabilities have been radically improved; we now can see Zoom participants on the large parish hall tv. Many thanks to Clem Edgar for taking the lead on our Zoom efforts.





The Capital Ringers will be performing at St. Martha's on Saturday, May 4 at 4:00 pm.

Tickets can be bought ahead of time or at the door. \$20 per person; 18 and under is free. Check out <u>capitalringers.org</u> for more details.



For more details and an application to participate please click <u>HERE</u>.

The deadline to apply is April 30th.

### Outreach

Outreach thanks St.
Martha's Parishioners for
their generous donations to
the March Diaper
Drive. Over \$500 in
monetary donations and
several boxes of diapers
were donated.

In April, Outreach will purchase toiletries for The Stockley Center, the pantries, and the middle school. You do not need to donate money for this because we have funds available. However, if you have small soaps and lotions, etc. from your travels that you want to donate we can use them.

St. Martha's generosity is exceptional and very appreciated. A letter from Union Wesley Church pantry:

Saint Marthai Ejiscopal Church, Ihank you, Ilank you, Isank you, Ilank you, Isank you, Isank you, Isank you, Isank you, Isank you have increase.

Praise God from whom ale Bleasing Hove. I thank and Praise Lood for Saint Marthai Contineous Fixancial support to cercar Wisheys Food Party. Without you Itiancial support we would have to closed the Good Pantry.

"Blood are the Ginera and Thankful are the Noceivers"! Thank you again and May Sod Richy Blos you, hore, Juy and Feace, Sio, Rois Mumfed, Food Pantry Co-Ordinator and area wholey Mission Jeam.

### **Announcements**



As of April 7th, members of St. Martha's Healing Prayer Ministry are available to offer brief private prayers during Communion time on Sunday during the 10 am service. Prayer Team members will be stationed in the narthex (entryway, near the fish). Please receive Eucharist first and then proceed to the narthex if you wish to avail yourself of this ministry.



Are you 72 or older? Have you lost the ability to fully deduct charitable contributions because you no longer itemize federal income tax deductions? Do you make donations to St. Martha's regularly? If you answered yes to these questions, you may want to consider making a Qualified Charitable Distribution (QCD). A QCD is generally a non-taxable distribution made directly by the trustee of your IRA to St. Martha's or other qualified charities. A QCD reduces your Adjusted Gross Income (AGI) and thereby reduces taxes. If you are receiving a Required Minimum Distribution (RMD) from your IRA, a QCD can be used to satisfy the RMD. Please consult your tax advisor or tax return preparer to determine if a QCD could benefit you. If so, make your lump sum pledge as soon as you are able.