# Weekly Update April 24, 2024

### Please join us on Sunday for Holy Eucharist

### The Fifth Sunday of Easter April 28, 2024 9 am\*

# Celebrants: The Reverend Victoria Pretti and The Rev. Deacon Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube \*To view the livestream service please click the link below.





St. Martha's



#### Wednesday, April 24th:

- Men's Discipleship Group will meet from 8 9 am in the conference room.
- Seashell ringers practice at 1 pm.
- Choir practice at 7 pm.

#### Thursday, April 25th:

• St. Martha's Hybrid Book Club will meet from 3 - 4:30 pm in the parish hall. This month's book is *James*, by Percival Everett.

#### Sunday, April 28th:

New Members' Welcome Sunday Service. There will be a single service at 9
am. We will welcome new members with special prayers and blessings AND an
extra special coffee hour following the service. All members are welcome to be
a part of this celebration.

#### Monday, April 29th:

• Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.

#### Tuesday, April 30th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice
  that helps us to calm our minds, balance our emotions, and feel more
  energized. Done seated or standing and is accessible to everyone. Bring a yoga
  mat if you have one, and some water. Suggested donation: \$10.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

#### Wednesday, May 1st:

- Men's Discipleship Group will meet from 8 9 am in the conference room.
- Seashell ringers practice at 1 pm.
- Choir practice at 7 pm.

# **Upcoming Events**





The Capital Ringers will be performing at St. Martha's on Saturday, May 4 at 4:00 pm.

Tickets can be bought ahead of time or at the door.
\$20 per person; 18 and under is free.
Check out capitalringers.org for more details.



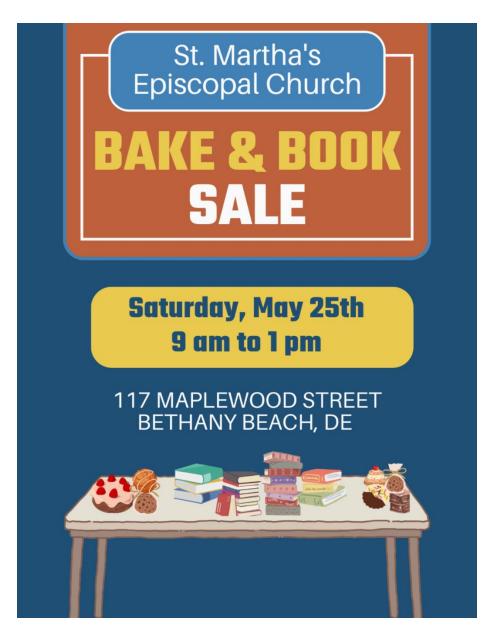
Under the direction of new artistic co-directors Joseph Shortall and Sarah Rose, the chorale will perform such selections as Mozart's "Ave Verum Corpus"; "Kyrie Eleison" from Franz Joseph Haydn's "The Lord Nelson Mass"; "O Fortuna" from the famous "Carmina Burana" by Carl Orff; and "The Storm is Passing Over" by Charles A. Tindley, which is a traditional gospel song performed with enthusiasm and joy.

Chorale members are pleased to have Shortall collaborating with Rose for this concert. Shortall comes to the chorale from Baltimore where he serves as director for the Baltimore Children's Choir, assistant director of the Maryland State Boychoir and contemporary lead musician at Christ Lutheran Church.

Rose has been assistant director of the chorale since 2014. She has accompanied the group and is now collaborating with Shortall to co-conduct this performance.

This promises to be an exciting afternoon of listening to a variety of artistic choral selections designed for the enjoyment and entertainment of all.

Click **HERE** to purchase tickets online.



Our first Bake and Book Sale of the year is right around the corner! We have tons of books to sell, so now we just need lots of baked goods too! Please consider exercising your baking skills and donating the results. There is a signup sheet in the hall for bakers and other signup sheets for volunteers will be available soon. Thank you in advance to all those who so generously donate their time and talents to making this event a continued success.



For more details and an application to participate please click <u>HERE</u>.

The deadline to apply is April 30th.

# Outreach



Keep the aluminum pop-tabs coming! Tidemark Savings and Loan in Fenwick will take our tabs and deliver them to the Ronald McDonald House in Wilmington. Outreach delivered 3.8 pounds of tabs so far.

Thank you for your toiletries. Outreach will deliver them the beginning of May. You do not need to donate money because we have funds available. If you have small soaps and lotions, etc. from your travels that you want to donate we can use them. These items may be placed in the plastic bin in front of the office.

## **Announcements**

#### FLASH MOB BEACH PICNICS!!

There are sign up sheets in the church hall if you would like to be notified this summer by email or text that we'll be having an early evening pot luck picnic on the beach. We are trying to plan picnics with less advance notice (a few days) because when we plan them weeks ahead, the weather tends NOT to co- operate with us! Last year, we cancelled several times due to rain, a heat index of 101, and high winds!!!

The World Famous St. Martha's International Students Welcome to the Community Picnic Will Be on 25 June 2024: Last year 111 Students from 18 countries attended our fun filled Picnic as we finished recovering from our Covid hiatus. Hosting the Picnic this year will be much easier. Our Planning/Status Meetings will be after Bell Practice starting at 2:15PM on May 8 and 22 and June 5 and 19. All Volunteers should come to the kick-off meeting on May 8th. You won't have to attend all 4 meetings. Contact Bill Gay for more info: 703.608.4499.



Are you 72 or older? Have you lost the ability to fully deduct charitable contributions because you no longer itemize federal income tax deductions? Do you make donations to St. Martha's regularly? If you answered yes to these questions, you may want to consider making a Qualified Charitable Distribution (QCD). A QCD is generally a non-taxable distribution made directly by the trustee of your IRA to St. Martha's or other qualified charities. A QCD reduces your Adjusted Gross Income (AGI) and thereby reduces taxes. If you are receiving a Required Minimum Distribution (RMD) from your IRA, a QCD can be used to satisfy the RMD. Please consult your tax advisor or tax return preparer to determine if a QCD could benefit you. If so make your lump sum pledge as soon as you are able.