Weekly Update May 22, 2024

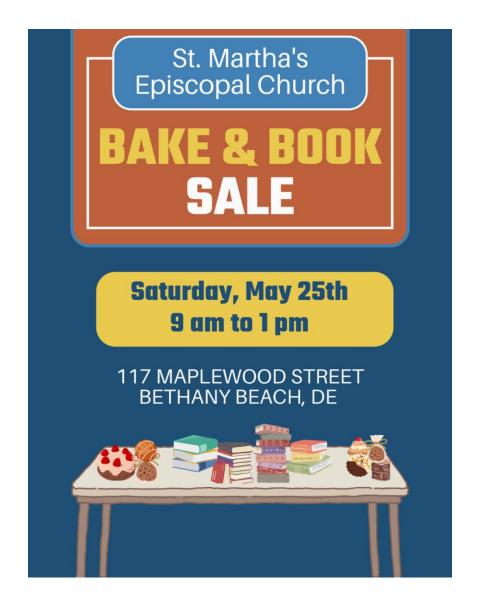
Please join us on Sunday for Holy Eucharist

The First Sunday After Pentecost
Trinity Sunday
May 26, 2024
8 am & 10 am*

Celebrant: The Rev. Deacon Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube *To view the livestream service please click the link below.





A big thank you to the many people who signed up to help out with the Bake and Book Sale on Saturday. We are blessed to have so many parishioners willing to give of their time and talents to ensure that these sales are a huge success!



St. Martha's



Wednesday, May 22nd:

• Choir practice at 7 pm.

Friday, May 24th:

- Bake Sale Drop Off starting at 10 am to 3 pm.
- Book Sale Set Up starting at 9 am.

Saturday, May 25th:

• Bake and Book Sale from 9 am to 1 pm.

Monday, May 27th:

Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap.
 Some will be available.

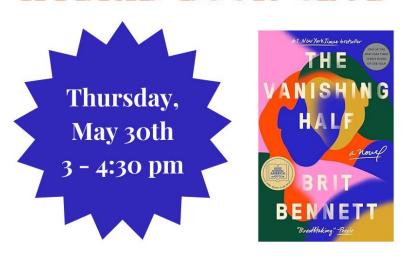
Tuesday, May 28th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice
 that helps us to calm our minds, balance our emotions, and feel more
 energized. Done seated or standing and is accessible to everyone. Bring a yoga
 mat if you have one, and some water. Suggested donation: \$10.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

Wednesday, May 29th:

- Men's Discipleship Group will meet from 8 9 am in the conference room.
- Seashell ringers practice at 1:15 pm.
- Choir practice at 7 pm.

ST. MARTHA'S HYBRID BOOK CLUB



If you would like to join by Zoom, please contact Rick Legeer

Calling all book lovers! Join us for our next book club meeting on Thursday, May 30th, from 3 to 4:30 pm. This month, we're diving into the thought-provoking pages of 'The Vanishing Half' by Brit Bennett.

Everyone is welcome to join our vibrant discussions! It is not mandatory to read the book. And for our friends who can't make it in person, not to worry! Our hybrid setup means you can still be part of the conversation via Zoom. Just reach out to **Rick Legeer** at least a week before the meeting to let us know so we are fully prepared to make that virtual connection.

Let's explore new worlds, share insights, and connect over the magic of storytelling. Your unique perspective enriches our conversations, so mark your calendars and get ready for an afternoon that will surely stimulate your mind!



Calling all Youth from the Episcopal Diocese of Delaware

Delaware Pride Festival

JUNE 1, 2024 10am-4pm

Our mission is to be the hands of God, welcoming and affirming each person's unique beauty and worth. As we join together, we become a living message of God's unconditional love.

Meet new friends, make a craft, & explore our booth as we come together as a community, united in love and respect for all. Your participation is what makes this event truly meaningful. We can't wait to see you there!

For more information, please contact the Diocesan Youth Advisors, youthsupport@delaware.church. Let's make this a day to remember!





Check out the **press release** for more information.

Outreach

St. Martha's church supports four local pantries. Some of these pantries depend on St. Martha's to keep their pantries open. Take a look at all the other partners St. Martha's supports on the Star Outreach display in the Parish Hall. Outreach will be adding two new partners, South Coastal Village Volunteers and Contractors For A Cause. These partners help keep people in their homes as they age or have physical needs.

Remember your aluminum pop-tabs to help Ronald McDonald house!

Announcements



St Martha's International Student Welcome to the Community Picnic News: First a fun fact ... A quick survey of handpicked Parishioners (to make sure we got the answers we wanted) revealed they are still in touch with Students met at past Picnics from Serbia, Croatia, Poland, China, Thailand, Bulgaria, and more! That said, you can now sign-up to work as a Picnic Volunteer on 25 June, so that during your work breaks you can meet Students that may become lifelong friends to you and your kids and grandkids!

Funeral Announcement

Last Friday we shared the unfortunate news that Bob Cardoni passed away. Since then an obituary has been published sharing details about the service that will be held to celebrate Bob's life. Click **here** to view.



Eastern Shore Mission of Mercy (ESMOM2024) Dental Clinic

September 13-14, 2024 (clinic construction/setup September 12).

Mission of Mercy is a free adult dental clinic provided by volunteer dental professionals and a volunteer staff of several hundred people.

All dental services are provided by licensed dentists and hygienists who are donating their services for this event.

According to the CareQuest Institute for Oral Health, an estimated <u>68.5 million</u> adults nationwide do not have dental insurance.

Who are the patients at ESMOM? They are our friends, neighbors, service industry co-workers, church and community members, veterans and more.

Given our rural region, the shifts in Medicare and Medicaid insurance coverage, as well as the impact of inflation on household budgets, Mission of Mercy patients are mothers, fathers, grandparents, brothers & sisters, who are often in pain.

All types of volunteers are needed, from people to escort patients, check in patients, to physical labor volunteers to help set up all the equipment before the event and take it all back down Saturday evening.

The volunteer registration portal for the next clinic is now open. The event is again set at the Wicomico Civic Center in Salisbury MD.

The goal to serve 1250 patients over the two day clinic depends on the level of volunteer support generated. There is a job for everyone!

If you are interested in learning more and/or volunteering, please click the link below.

easternshoremom.org/volunteers