

Weekly Update

May 29, 2024

Please join us on Sunday for Holy Eucharist

The Second Sunday After Pentecost

June 2, 2024

8 am & 10 am*

Celebrants: The Reverend Victoria Pretti and
The Rev. Deacon Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube

*To view the livestream service please click the link below.



This week at

St. Martha's



Wednesday, May 29th:

- Seashell Ringers practice at 1:15 pm.
- Choir practice at 7 pm.

Thursday, May 30th:

- St. Martha's Hybrid Book Club from 3 to 4:30 pm. This month's book is *The Vanishing Half* by Brit Bennett. All are welcome to join in the discussion. It is not mandatory to read the book in order to participate.

Monday, June 3rd:

- Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.

Tuesday, June 4th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. Bring a yoga mat if you have one, and some water. Suggested donation: \$10.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

Wednesday, June 5th:

- Men's Discipleship Group will meet from 8 - 9 am in the conference room.
- Seashell ringers practice at 1:15 pm.
- International Student Picnic planning meeting at 2:15 pm.
- Choir practice at 7 pm.

Upcoming Events



Calling all Youth
from the
Episcopal Diocese of Delaware

Delaware Pride Festival JUNE 1, 2024 10am-4pm

Our mission is to be the hands of God, welcoming and affirming each person's unique beauty and worth. As we join together, we become a living message of God's unconditional love.

Meet new friends, make a craft, & explore our booth as we come together as a community, united in love and respect for all. Your participation is what makes this event truly meaningful. We can't wait to see you there!

For more information, please contact the Diocesan Youth Advisors, youthsupport@delaware.church. Let's make this a day to remember!



QIGONG CLASS

A gentle, mindful movement practice for health of body, mind & spirit.

WITH RIA PRETTI

Thursdays at 9:30 am

St. Martha's Episcopal Church
117 Maplewood Street
Bethany Beach, DE 19930



Walk in, by donation, no experience necessary

Classes begin on Thursday, June 13th. No class on July 4th.

GAME NIGHT



JUNE 13, 2024

5:30 – 8:00 PM

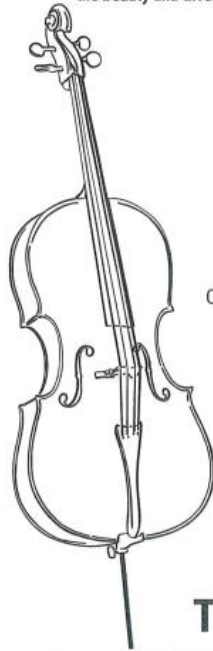
This is our last Game Night till the Fall so don't miss out! Salads and sandwiches at 5:30 pm followed by a variety of games. A signup sheet is in the parish hall.

Cellofest

at Bethany Beach 2024

7-9 June

Join us for a series of cello performances and educational events in Bethany Beach, celebrating the beauty and diversity of the cello and its music.



June 7, 2 PM

Cellos of Unusual Shape Lecture/Demonstration by Erica Lessie
South Coastal Library, Bethany Beach

June 12, 10:30 AM

Children's Cello Program by Erica Lessie
South Coastal Library, Bethany Beach

June 13, 7:30 PM

Cellofest Cello Ensemble Performance with soloist Jennifer Kloetzel
Bethany Beach Boardwalk

June 14, 10:30 AM

Cello Ensemble Performance and Storytime
Bethany Beach Nature Center

June 16, 9 AM & 10 AM

Cellofest Final Concert and Music at the 10 AM Service
St. Martha's Episcopal Church, Bethany Beach

Thank you, sponsors!



Check out the [press release](#) for more information.

Outreach



School is almost out and our **White Bag Lunch** artists have been busy decorating white bags for the summer food program for students who otherwise may not have enough food. St. Martha's Outreach and several other churches donate money to help purchase snacks for the bags. Community Lutheran Church purchases non-perishable food items to put in the bags. Every Monday 40 or more decorated food bags are taken to Frankford Library where families pick up the bags. Students love to see all the decorated bags. If you are interested in using your artistic talents to decorate white bags, see Fran McElvey about getting some bags.

**Remember your aluminum pop-tabs to help
Ronald McDonald house!**

Announcements



St Martha's International Student Picnic - Tuesday, 25 June, 5:30 - 7ish:
A true story...a Bulgarian girl left the picnic joyfully explaining she was going to immediately let her mother know she had just discovered American brownies ... so sign up to bring your favorite dessert ... just handheld items please ... gooey stuff doesn't travel on a bike :-)

Funeral Arrangements for Bob Cardoni

Click [here](#) to view the obituary.

Funeral arrangements:

May 30, 2024

First Lutheran Evangelical Church
3604 Chatham Rd. Ellicott City, MD 21042

10:00 – 11:00 Visitation

11:00 Christian Funeral Service

Private interment at later date.



Eastern Shore Mission of Mercy (ESMOM2024) Dental Clinic

September 13-14, 2024 (clinic construction/setup September 12).

Mission of Mercy is a free adult dental clinic provided by volunteer dental professionals and a volunteer staff of several hundred people.

All dental services are provided by licensed dentists and hygienists who are donating their services for this event.

According to the CareQuest Institute for Oral Health, an estimated **68.5 million adults nationwide do not have dental insurance.**

Who are the patients at ESMOM? They are our friends, neighbors, service industry co-workers, church and community members, veterans and more.

Given our rural region, the shifts in Medicare and Medicaid insurance coverage, as well as the impact of inflation on household budgets, Mission of Mercy patients are mothers, fathers, grandparents, brothers & sisters, who are often in pain.

All types of volunteers are needed, from people to escort patients, check in patients, to physical labor volunteers to help set up all the equipment before the event and take it all back down Saturday evening.

The volunteer registration portal for the next clinic is now open. The event is again set at the Wicomico Civic Center in Salisbury MD.

The goal to serve 1250 patients over the two day clinic depends on the level of volunteer support generated. There is a job for everyone!

If you are interested in learning more and/or volunteering, please click the link below.

easternshoremom.org/volunteers