

Weekly Update

July 31, 2024

Please join us on Sunday for Holy Eucharist

The Eleventh Sunday after Pentecost

August 4, 2024

8 am & 10 am*

Celebrants: The Reverend Victoria Pretti and
The Reverend Deacon Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube

*To view the livestream service please click the link below.



This week at

St. Martha's



Thursday, August 1st:

- Qigong at 9:30 am in the narthex. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. This class is led by Rev. Ria. Drop ins welcome, by donation.
- South of the Bridge Quilters at 10 am in the parish hall.

Friday, August 2nd:

- Stitch and Sketch will meet from 10 am to 1 pm in the parish hall. We have knitters, painters, quilters and many other crafters who gather to stitch, craft and socialize. All are welcome.

Monday, August 5th:

- Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.

Tuesday, August 6th:

- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

Wednesday, August 7th:

- Men's Discipleship Group will meet from 8 - 9 am in the conference room.
- Seashell Ringers practice at 1:15 pm.
- Choir practice at 7 pm.

Upcoming Events



AUGUST
15TH
7:30 pm

CELTIC TO CLASSICAL
WITH FLUTIST PAM PECKO SMITH

@ St. Martha's Episcopal
Thursday, August 15th, 7:30 PM

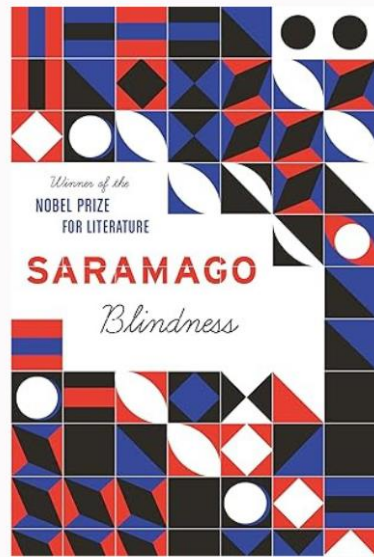
Celtic to Classical founders and multi-instrumentalists Sheridan Seyfried and Ya-Jhu Yang join flutist Pam Pecko Smith for an unforgettable evening of music—from Mozart and Brahms to French and Celtic music—and even some jazzy favorites from the Great American Songbook. Something for every musical taste! No tickets are sold; a freewill offering is taken. Seating is first-come, first-served.

We will be performing the same program in Milford on 8/13 and Rehoboth on 8/14. Details via email or on our website:

CELTICTOCLASSICAL@GMAIL.COM
www.celtictoclassical.com

www.celtictoclassical.com

St. Martha's Hybrid Book Club



Thursday, August 22nd
3:00 - 4:30 pm
Parish Hall or Zoom

**If you wish to attend via Zoom, please contact
Rick Legeer at least a week prior to the meeting
to receive the link and further instructions.**

Book Summary: *Blindness* by José Saramago is a harrowing tale that explores the descent of society into chaos following a sudden epidemic of blindness that strikes an unnamed city. The narrative delves into themes of fear, isolation, and the struggle for survival, painting a stark picture of humanity under duress. Saramago's unique writing style and profound insights into human nature make this a thought-provoking read.

Reading the book is encouraged but not required. All are welcome to join us for a stimulating and engaging discussion.

We look forward to seeing you there!



 **Join Us for the 2024 Jeff Jackson Golf Outing and Luncheon!** 

Are you ready for a day of fun on the greens? Whether you're a seasoned pro or just a beginner, we welcome everyone to participate in this exciting event. And if golf isn't your thing, you're still invited to join us for lunch at the clubhouse!

Don't miss this chance for an enjoyable day of community and camaraderie.

Check out the [attached](#) registration form for all the details. Copies of the forms can also be found in the Narthex. The completed forms and fees can be placed in the plate or returned to the office. Any questions, please contact [Bill Freund](#).

POSES FOR PEACE



Advanced/Beginner Christian Yoga Class



Thursday, August 29th &
Saturday, September 28th

10 am - 11 am

St. Martha's Episcopal Church
Bethany Beach, DE

A "love" donation will be accepted to
pay school tuition for a 16 year old girl
in Rawanda. Any questions, please
contact Gari Lewis. (860) 985-2761

BOOK SALE

St. Martha's
Episcopal
Church

Saturday,
August 31st
9 am to 1pm

117 Maplewood Street
Bethany Beach



A SIGN UP SHEET IS IN THE PARISH HALL. PLEASE CONSIDER STOPPING BY AND SIGNING UP TO VOLUNTEER FOR SET UP AND/OR TO WORK THE DAY OF THE SALE! THE MORE VOLUNTEERS WE HAVE THE LESS WORK FOR ALL INVOLVED.

St. Martha's Divine Confections



September 7, 2024
10 am to 5 pm

Attention all bakers, it's time to dust off your aprons and put your baking skills to work!

The 46th Annual Bethany Beach Boardwalk Arts Festival is right around the corner and we need lots of volunteers to fill our beloved St. Martha's Divine Confections Booth with plenty of sweet treats to sell. We also need volunteers to help, sort, price and transport the items, set up tent and display the baked goods, and work the booth on the day of the sale.

Volunteer Sign-Up: There is a sign-up sheet in the parish hall for those who wish to contribute their time and talents.

We appreciate your support and look forward to a successful and enjoyable event!



Outreach

Outreach is purchasing school supplies to take to three schools in our area. Donations for these supplies will be appreciated. You may write a check with school supplies on the memo line or put cash in an envelope with school supplies on the outside.

The White Bag Summer Snacks for students in need of food continues until the end of August. Our White Bag artists are looking for people who would like to decorate the white bags with their artwork. They have 200 bags to go to complete the summer bags. See Fran Hasson or Fran McElvey to get the white bags.

REMEMBER YOUR POP-TABS FOR RONALD MCDONALD HOUSE!

Announcements



We are excited to announce that registration is now open for Church School! Classes will begin on Sunday, September 22nd. Drop off will be at 9:45 am in the Children's Room. Click [HERE](#) for registration forms. They can also be found in the Narthex and outside of the office. Regular attendance is encouraged, but not mandatory. Completed forms can be placed in the plate or submitted to the office. For those interested in volunteering to assist Deacon Chris, a sign up sheet can be found in the parish hall and the attached [form](#) can be completed and submitted to the office.