Weekly Update July 10, 2024

Please join us on Sunday for Holy Eucharist

The Eighth Sunday After Pentecost July 14, 2024 8 am & 10 am*

Celebrants: The Reverend Victoria Pretti and The Reverend Deacon Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube *To view the livestream service please click the link below.





Wednesday, July 10th:

- Seashell Ringers practice at 1:15 pm.
- Finance Committee meeting at 4 pm (Zoom).
- Choir practice at 7 pm.

Thursday, July 11th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice
 that helps us to calm our minds, balance our emotions, and feel more
 energized. Done seated or standing and is accessible to everyone. Bring a yoga
 mat if you have one, and some water. Suggested donation: \$10.
- Hospitality Committee meeting at 2 pm in the parish hall.

Monday, July 15th:

Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap.
 Some will be available.

Tuesday, July 16th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. Bring a yoga mat if you have one, and some water. Suggested donation: \$10.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

Wednesday, July 17th:

- Men's Discipleship Group will meet from 8 9 am in the conference room.
- Seashell Ringers practice at 1:15 pm.
- Choir practice at 7 pm.

Upcoming Events

ST. MARTHA'S HYBRID BOOK CLUB



JOIN US

JULY 25 3 - 4:30 PM PARISH HALL

All are welcome for a discussion on "Such a Fun Age" by Kiley Reid, a compelling novel that explores race, privilege, and the complexities of modern relationships through the story of a young black woman and her white employer. Dive into this thought-provoking read and share your insights with our community!

Outreach

IT'S TIME TO GET READY!

Outreach has the school supply lists for the 2024-2025 school year. We will begin collecting school supply donations from the congregation in July so that purchases can be made before school begins. We will be buying for Phillip C. Showell and John



M. Clayton Elementary Schools, as well as, Selbyville Middle School. If you would like to donate to the school supplies, you can put a check in the offering with school supplies on the memo line or place cash in an envelope marked school supplies on the outside.

Remember pop-tabs for Ronald McDonald house!

Announcements

SHARE YOUR PHOTOS

Have some memorable photos from St. Martha's events?
We'd love if you would share them with us!
Your photos help us reflect on the joy and togetherness that make our church community special, preserving these memories for others to enjoy and celebrating the fun times and fellowship we cherish.

Email photos to stmarthasmemories@gmail.com



YOUR INPUT IS NEEDED!

Children's Faith Formation at St. Martha's: We are considering launching some new children's ministries this Fall and are looking for your ideas, interest, and input. Nursery or

Church School or both? During or between the services or both? If you have children or grandchildren, would your family be interested in participating? And how often would your kids like to attend any children's offerings? Please talk to Deacon Chris anytime soon. Thanks so much!

SAVE THESE DATES



Celtic to Classical

Returning on Thursday, August 15th at 7:30 PM. This summer, brilliant musician **Pam Pecko Smith (flute)** will be joining Ya-Jhu (piano/flute) and Sheridan (violin/piano) for a fun program of classics and lighter fare. Mark your calendar now so you don't miss out!



Jeff Jackson Golf Outing & Luncheon

We have reserved August 24th for the annual Jeff Jackson Golf Tournament at Salt Pond. Anyone who thinks they can play golf, good or bad, is invited to participate. Everyone else can join us for lunch at the clubhouse. Details will be forthcoming. Please contact Bill Freund (wmfreund42@gmail.com) to help organize the event.