

Weekly Update

September 11, 2024

Please join us on Sunday for Holy Eucharist

The Seventeenth Sunday after Pentecost
September 15, 2024
Single Service at 9 am*

Celebrant: The Rt. Rev. Kevin S. Brown

If you are unable to worship in person, please join us on YouTube
*To view the livestream service please click the link below.



This week at

St. Martha's



Wednesday, September 11th:

- Seashell Ringers practice at 1:15 pm.
- Choir practice at 7 pm.

Thursday, September 12th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. This class is led by Rev. Ria. Drop ins welcome, by donation.
- Hospitality Committee meeting at 2 pm in the parish hall.

Sunday, September 15th:

- Single service at 9 am as we welcome our Bishop, The Rt. Rev. Kevin S. Brown. There will be a special coffee hour in the parish hall following the service.
- No Sunday Book Study. It will resume the following Sunday, September 22nd.

Monday, September 16th:

- Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.

Tuesday, September 17th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. Bring a yoga mat if you have one, and some water. Suggested donation: \$10.
- Bible study at 1 pm in the parish hall. Led by Rev. Ria. New format of prayer, reflection and faith sharing based on the New Testament.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

Wednesday, September 18th:

- Men's Discipleship Group will meet from 8 - 9 am in the conference room.
- Seashell Ringers practice at 1 pm.
- Choir practice at 7 pm.

Upcoming Events



There is still time to sign up. Stop by the parish hall and add your name to the list. You don't want to miss out. This year we've added games and prizes to add some excitement!

JAZZ

CONCERT



SPECIAL PERFORMANCE

MAYA BELARDO

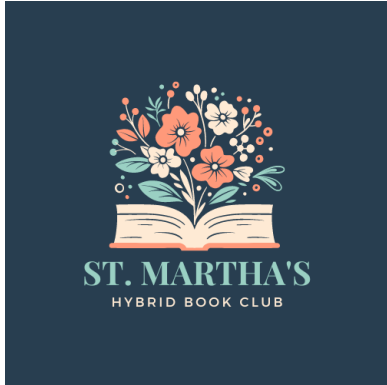
SATURDAY,
SEPTEMBER 21, 2024

AT 4 PM

**ST. MARTHA'S EPISCOPAL CHURCH
117 MAPLEWOOD STREET
BETHANY BEACH, DE**

FREE AND OPEN TO THE PUBLIC.
NO TICKETS REQUIRED.
SEATING IS ON A FIRST COME BASIS.





SMHBC - SEPTEMBER MEETING

SMHBC will meet on Thursday, September 26th from 3 - 4:30 pm in the parish hall. This month's book is "The Wind Knows My Name", by Isabel Allende. All are welcome to join us for the discussion. Reading the book is encouraged but not required.

POSES FOR PEACE

Advanced/Beginner Christian Yoga Class



Thursday, August 29th &
Saturday, September 28th

10 am - 11 am

St. Martha's Episcopal Church
Bethany Beach, DE

A "love" donation will be accepted to pay school tuition for a 16 year old girl in Rawanda. Any questions, please contact Gari Lewis. (860) 985-2761

Commissioning of the Volunteers for Church School
Sunday, September 29th during the 10 am service.



Racism being in the forefront of conversations today – Are you concerned about racism but unsure what to do about it? Wonder why people often seem to see things differently? Words like equity, bias & privilege confusing to you?

Consider registering for

“Dialogue Toward Ending Racism”

- Groups of 8-15 individuals in-person or via Zoom
- Explore the root causes of bias and systemic racism
- 2-hour sessions led by trained facilitators
- Share experiences, questions, and ideas – in a created safe space for discussions
- Watch videos, read articles, and talk honestly in a safe space
- Meet new people, make new friends
- Meet once a week for 7 weeks

Southern Delaware Alliance for Racial Justice sponsors this **FREE** program (DTER) for Racial Justice. **This Fall begins our 5th Year of Dialogues!**

While the subject matter is serious, we make it engaging and fun. Our seven-week sessions online start October 2nd, 2024. The in-person sessions will begin Saturday, October 5th, 2024, and will be held at the Lewes Public Library – 111 Adams Avenue, Lewes.

For more information & to register – turnheartlighton@gmail.com

**Online participants/registrants will receive a ZOOM invitation via email before the first session – In-person participants will receive a confirmation email if they have provided an email address at the time of registration.

Wednesday – online – begins 10/2/24 – 6:30 pm to 8:30 pm (7 consecutive sessions)
Saturday – in-person – begins 10/5/24 – 10 am to 12 pm (7 consecutive sessions)

Memorial Service



Patricia Fink Memorial Service

It is with sadness that we report Patricia Fink, previous long time parishioner, recently passed away in June. There will be a graveside memorial service held on Saturday, October 5th at 11 am. The service will be at St. Paul's Episcopal Church, 3 Church Street, Berlin, MD.

***Pet Blessing
Sunday!***

October 6, 2024

Bring your well-behaved pets to either service for a mid-service blessing. Pet pictures or plush pets are also welcome. Less well-behaved pets can meet Rev. Ria in the parish hall or parking lot after the 10 am service for a blessing as well.



Outreach



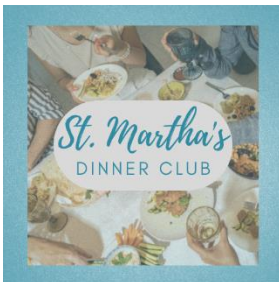
Donations for the Crop Hunger Walk help to support local pantries and food insecurities around the globe. Donations are welcome and can be a check with Crop walk on the memo line or cash in an envelope with Crop Walk on the Outside.

You may also donate online: Go to www.crophungerwalk.org
Search: South East Sussex Delaware
Search for St. Martha's Episcopal Church
Your Captain is Fran and John McElvey

Join the Crop Hunger Walkers for a short walk on Bethany Beach Boardwalk on Wednesdays at noon. Meet at the Disciples of Christ Church which is the first building on the left across the street from the post office.

Keep bringing in your pop-tabs for Ronald McDonald House!

Announcements



Join St. Martha's Dinner Club!

Groups of 6-8 adults will gather monthly from October to January for dinner and socializing, giving us a chance to connect away from church.

Home Groups: Each month, a different person/couple will host the dinner and provide the drinks and entrée, while others bring the rest of the meal.

Restaurant Groups: Each month, a different person/couple will host and arrange the restaurant.

Sign up by September 15th in the parish hall.

Questions? Contact Wincy Jackson at 302-381-8638/wwjax77@gmail.com, or Carolyn Smith at 302-542-0325/cgsmith6@comcast.net.



SPRINGPOINT CHOICE is a retirement program that allows the member to stay in his or her home with help provided when necessary. The care can range from occasional visits to a live-in companion. If the need ever arises for Assisted Living, Memory Care, or Skilled Nursing, the member can move to The Moorings without

an additional entrance fee or increased monthly fee. **To learn more about this program, there is an information session, with lunch, at the Lewes Yacht Club on September 26 from 11-1.** The registration deadline is September 23rd. Flyers and a brochure are available on the ledge in front of the office. Please help yourself.

VOTE *faithfully*

Introduction — Start here!

Getting souls to the polls isn't just about casting our own vote but helping everyone eligible vote faithfully. We can empower every voice in our congregations in this work. There are A LOT of resources, ideas, and ways to act captured on this page. Doing election engagement well does not mean taking on everything there is to do and being overwhelmed. Effective election engagement begins with looking at what your community's needs are, what resources, skills, and interests you and your church have, and then proceeding based on how that capacity can help meet those needs.

For some, this may be offering your parish as a polling site, for others it may mean election worker recruitment. For many it's persistent messaging in newsletters and bulletin boards, for others it's organizing child care on voting days. Whatever your path, we hope you are inspired to do more as a faithful Episcopalian modeling healthy and constructive civic engagement. All election engagement work must be non-partisan, and please heed local laws, election details, and Episcopal safe church practices as you promote voting.

Read on...

Celebration of Life for Mary L. Allen

A memorial service in honor of Mary will take place on October 19th at 11:00 am PDT, at Christ Church Episcopal Parish in Lake Oswego, OR. For those unable to attend in person, the service will be livestreamed on [YouTube](#). Click [HERE](#) to read the full obituary.