

Weekly Update

September 18, 2024

Please join us on Sunday for Holy Eucharist

The Eighteenth Sunday after Pentecost
September 22, 2024
8 am and 10 am*

Celebrants: The Reverend Victoria Pretti and
The Deacon Reverend Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube
*To view the livestream service please click the link below.



This week at

St. Martha's



Wednesday, September 18th:

- Seashell Ringers practice at 1 pm.
- Choir practice at 7 pm.

Thursday, September 19th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. This class is led by Rev. Ria. Drop ins welcome, by donation.
- Becoming Beloved Community meeting at 1 pm in the conference room.
- Vestry meeting at 3 pm in the conference room.
- Birthday Dinner at 5:30 pm in the parish hall.

Friday, September 20th:

- Stitch and Sketch will meet from 10 am to 1 pm in the parish hall. We have knitters, painters, quilters and many other crafters who gather to stitch, craft and socialize. All are welcome.
- Scholarship Committee Zoom meeting at 11 am.

Saturday, September 21st:

- Jazz Concert featuring Maya Belardo at 4 pm. Free and open to the public. No tickets required. Seats are on a first come basis so arrive early.

Sunday, September 22nd:

- Sunday Book Study between services in the Narthex. Join us we continue discussing *Holy Rascals* by Rami Shapiro.

Monday, September 23rd:

- Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.

Tuesday, September 24th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. Bring a yoga mat if you have one, and some water. Suggested donation: \$10.
- Bible study at 1 pm in the parish hall.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for gentle practice. \$10 drop in.

Wednesday, September 25th:

- Men's Discipleship Group will meet from 8 - 9 am in the conference room.
- Crop Hunger Walk at noon on the Bethany Beach Boardwalk. Meet walkers at the Bethany Christian Church opposite the Post Office on Pennsylvania Ave.
- Seashell Ringers practice at 1 pm.
- Choir practice at 7 pm.

Upcoming Events



SMHBC - SEPTEMBER MEETING

SMHBC will meet on Thursday, September 26th from 3 - 4:30 pm in the parish hall. This month's book is "The Wind Knows My Name", by Isabel Allende. All are welcome to join us for the discussion. Reading the book is encouraged but not required.



Ladies No Agenda Lunch

Friday, September 27th at 12:00 Noon

Cottage Cafe, Bethany Beach

RSVP and questions to Tempe Steen (302) 542-5623

POSES FOR PEACE

Advanced/Beginner Christian Yoga Class



Thursday, August 29th &
Saturday, September 28th

10 am - 11 am

St. Martha's Episcopal Church
Bethany Beach, DE

A "love" donation will be accepted to pay school tuition for a 16 year old girl in Rawanda. Any questions, please contact Gari Lewis. (860) 985-2761

Commissioning of the Volunteers for Church School
Sunday, September 29th during the 10 am service.



Racism being in the forefront of conversations today – Are you concerned about racism but unsure what to do about it? Wonder why people often seem to see things differently? Words like equity, bias & privilege confusing to you?

Consider registering for

“Dialogue Toward Ending Racism”

- Groups of 8-15 individuals in-person or via Zoom
- Explore the root causes of bias and systemic racism
- 2-hour sessions led by trained facilitators
- Share experiences, questions, and ideas – in a created safe space for discussions
- Watch videos, read articles, and talk honestly in a safe space
- Meet new people, make new friends
- Meet once a week for 7 weeks

Southern Delaware Alliance for Racial Justice sponsors this **FREE** program (DTER) for Racial Justice. **This Fall begins our 5th Year of Dialogues!**

While the subject matter is serious, we make it engaging and fun. Our seven-week sessions online start October 2nd, 2024. The in-person sessions will begin Saturday, October 5th, 2024, and will be held at the Lewes Public Library – 111 Adams Avenue, Lewes.

For more information & to register – turnheartlighton@gmail.com

**Online participants/registrants will receive a ZOOM invitation via email before the first session –In-person participants will receive a confirmation email if they have provided an email address at the time of registration.

Wednesday – online – begins 10/2/24 – 6:30 pm to 8:30 pm (7 consecutive sessions)
Saturday – in-person – begins 10/5/24 – 10 am to 12 pm (7 consecutive sessions)

Pet Blessing Sunday!

October 6, 2024

Bring your well-behaved pets to either service for a mid-service blessing. Pet pictures or plush pets are also welcome. Less well-behaved pets can meet Rev. Ria in the parish hall or parking lot after the 10 am service for a blessing as well.

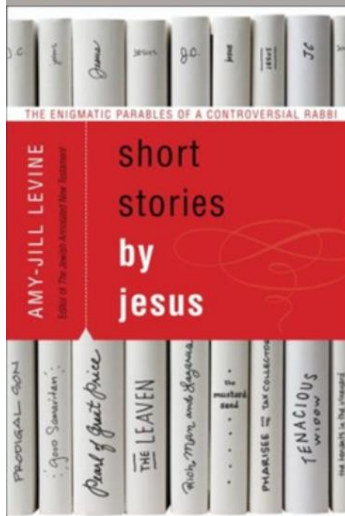


Parables of Jesus

Short film, discussion
and light lunch

Mondays from 10 - 12:30 pm

- October 7th
- October 14th
- October 21st
- October 28th
- November 4th
- November 18th



Sign up sheets in the parish hall.



OCTOBER 10, 2024

5:30 – 8:00 PM

**A signup sheet will be available in the parish hall on Sunday.
There will be soup and sandwiches at 5:30 will a variety of games to follow.
Come join the fun!**

ANNUAL MEETING



NOVEMBER 10

SINGLE SERVICE
9:00 AM

MEETING TO FOLLOW IN THE PARISH HALL.
A CATERED LUNCH WILL BE PROVIDED AT
THE CONCLUSION OF THE MEETING.

Please stop by the parish hall and sign up if you are planning to attend.
We need a head count by November 1st for the caterer.

Outreach



Donations for the Crop Hunger Walk help to support local pantries and food insecurities around the globe. Donations are welcome and can be a check with Crop Walk on the memo line or cash in an envelope with Crop Walk on the Outside.

You may also donate online: Go to www.crophungerwalk.org
Search: Southeast Sussex Delaware
Search for St. Martha's Episcopal Church
Your Captain is Fran and John McElvey

Join the Crop Hunger Walkers for a short walk on Bethany Beach Boardwalk on Wednesdays at noon. Meet at the Disciples of Christ Church which is the first building on the left across the street from the post office.

Keep bringing in your pop-tabs for Ronald McDonald House!

Announcements



The first week (Monday) was a fun time.
We will continue each Monday at 4:00 PM, Millsboro Lanes.
You can still join us by giving notice before 9:00 AM on Monday mornings.
Email John Grannis (jhgrannis@gmail.com).
This is not a league. There is no commitment to bowl every week.



SPRINGPOINT CHOICE is a retirement program that allows the member to stay in his or her home with help provided when necessary. The care can range from occasional visits to a live-in companion. If the need ever arises for Assisted Living, Memory Care, or Skilled Nursing, the member can move to The Moorings without

an additional entrance fee or increased monthly fee. **To learn more about this program, there is an information session, with lunch, at the Lewes Yacht Club on September 26 from 11-1.** The registration deadline is September 23rd. Flyers and a brochure are available on the ledge in front of the office. Please help yourself.

VOTE
faithfully

Introduction — Start here!

Getting souls to the polls isn't just about casting our own vote but helping everyone eligible vote faithfully. We can empower every voice in our congregations in this work. There are A LOT of resources, ideas, and ways to act captured on this page. Doing election engagement well does not mean taking on everything there is to do and being overwhelmed. Effective election engagement begins with looking at what your community's needs are, what resources, skills, and interests you and your church have, and then proceeding based on how that capacity can help meet those needs.

For some, this may be offering your parish as a polling site, for others it may mean election worker recruitment. For many it's persistent messaging in newsletters and bulletin boards, for others it's organizing child care on voting days. Whatever your path, we hope you are inspired to do more as a faithful Episcopalian modeling healthy and constructive civic engagement. All election engagement work must be non-partisan, and please heed local laws, election details, and Episcopal safe church practices as you promote voting.

Read on...

Memorial Service



Kevin Jesnick Memorial Service

It is with sadness that we report Kevin Jesnick, son of Richard Jesnick, previous long-time parishioner, recently passed away. There will be a memorial service held on Saturday, September 28th at 1 pm. The service will be at St. Mark's Episcopal Church, Silver Spring, Md with a reception to follow.

Celebration of Life for Mary L. Allen

A memorial service in honor of Mary will take place on October 19th at 11:00 am PDT, at Christ Church Episcopal Parish in Lake Oswego, OR. For those unable to attend in person, the service will be livestreamed on [YouTube](#). Click [HERE](#) to read the full obituary.