Weekly Update September 4, 2024

Please join us on Sunday for Holy Eucharist

The Sixteenth Sunday after Pentecost September 8, 2024 8 am & 10 am*

Celebrants: The Reverend Victoria Pretti and The Reverend Deacon Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube *To view the livestream service please click the link below.



This week at

St. Martha's



Wednesday, September 4th:

- Seashell Ringers practice at 1:15 pm.
- Choir practice at 7 pm.

Thursday, September 5th:

Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps
us to calm our minds, balance our emotions, and feel more energized. Done seated or
standing and is accessible to everyone. This class is led by Rev. Ria. Drop ins
welcome, by donation.

Friday, September 6th:

Stitch and Sketch will meet from 10 am to 1 pm in the parish hall. This week, we will
have a speaker talking about the history behind feed bag fabrics of the early
1900's. He will have a display of quilts and items made from feed bag fabric,
as well as some quilts from his extensive collection. Everyone is Welcome!

Saturday, September 7th:

- St. Martha's Divine Confections bake sale at the Bethany Beach Boardwalk Arts Festival from 10 am to 5 pm. Rain date is Sunday, September 8th.
- Wally Watson's Funeral Service at 12:00 pm.

Sunday, September 8th:

- Sunday Book Study resumes between services. Join us in the Narthex as we begin discussing *Holy Rascals* by Rami Shapiro.
- Children's Church Open House at 11 am. Stop by and check out the recent changes to our Church School room. Light refreshments provided.

Monday, September 9th:

- Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.
- God & Country documentary film from 1 3 pm in the parish hall. All are welcome to join us to view and discuss the film. Free and open to the public. No tickets or reservations required. This event is designed to foster an inclusive and respectful conversation, where all perspectives are valued.

Tuesday, September 10th:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. Bring a yoga mat if you have one, and some water. Suggested donation: \$10.
- Bible study at 1 pm in the parish hall. Led by Rev. Ria. New format of prayer, reflection and faith sharing based on the New Testament.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

Wednesday, September 11th:

- Men's Discipleship Group will meet from 8 9 am in the conference room.
- Seashell Ringers practice at 1:15 pm.
- Finance Committee Zoom meeting at 4 pm.
- Choir practice at 7 pm.

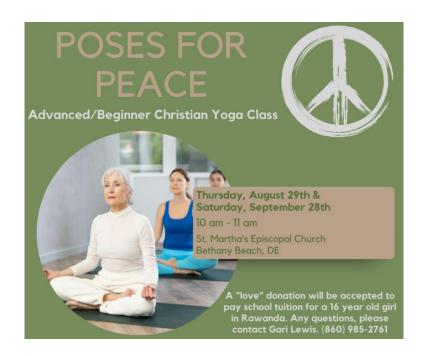


Bishop Brown's Visitation -September 15th

Join us for a single service at 9 am on September 15th as we welcome Bishop Brown.









Racism being in the forefront of conversations today - Are you concerned about racism but unsure what to do about it? Wonder why people often seem to see things differently? Words like equity, bias & privilege confusing to you?

Consider registering for

"Dialogue Toward Ending Racism"

- Groups of 8-15 individuals in-person or via Zoom Explore the root causes of bias and systemic racism 2-hour sessions led by trained facilitators. Share experiences, questions, and ideas in a created safe space for discussions Watch videos, read articles, and talk honestly in a safe space Meet new people, make new friends Meet new people, make new friends Meet once a week for 7 weeks

Southern Delaware Alliance for Racial Justice sponsors this FREE program (DTER) for Racial Justice. This Fall begins our 5th Year of Dialogues!

While the subject matter is serious, we make it engaging and fun. Our seven-week sessions online start October 2nd, 2024. The in-person sessions will begin Saturday, October 5th, 2024, and will be held at the Lewes Public Library – 111 Adams Avenue, Lewes.

For more information & to register – turnheartlighton@gmail.com

**Online participants/registrants will receive a ZOOM invitation via email before the first session –In-person participants will receive a confirmation email if they have provided an email address at the time of registration.

 $Wednesday-online-begins 10/2/24-6:30~pm~to~8:30~pm~(7~consecutive~sessions)\\ Saturday-in-person-begins 10/5/24-10~am~to~12~pm~(7~consecutive~sessions)$

Memorial Service



Patricia Fink Memorial Service

It is with sadness that we report Patricia Fink, previous long-time parishioner, recently passed away in June. There will be a graveside memorial service held on Saturday, October 5th at 11 am. The service will be at St. Paul's Episcopal Church, 3 Church Street, Berlin, MD.

Outreach



Donations for the Crop Hunger Walk help to support local pantries and food insecurities around the globe. Donations are welcome and can be a check with Crop walk on the memo line or cash in an envelope with Crop Walk on the Outside.

Join the Crop Hunger Walkers for a short walk on Bethany Beach Boardwalk on Wednesdays at noon. Meet at the Disciples of Christ Church which is the first building on the left across the street from the post office.

Keep bringing in your pop-tabs for Ronald McDonald House!

Announcements



Join St. Martha's Dinner Club!

Groups of 6-8 adults will gather monthly from October to January for dinner and socializing, giving us a chance to connect away from church.

Home Groups: Each month, a different person/couple will host the dinner and provide the drinks and entrée, while others bring the rest of the meal.

Restaurant Groups: Each month, a different person/couple will host and arrange the restaurant.

Sign up by September 15th in the parish hall.

Questions? Contact Wincy Jackson at 302-381-8638/<u>wwjax77@gmail.com</u>, or Carolyn Smith at 302-542-0325/<u>cgsmith6@comcast.net</u>.