

# The Weekly Word

## October 30, 2024

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Please join us on Sunday for Holy Eucharist

The Twenty-fourth Sunday after Pentecost  
Remembrance Sunday

November 3, 2024  
8 am and 10 am\*

Celebrants: The Reverend Victoria Pretti and  
The Deacon Reverend Chris Miller - Marcin

If you are unable to worship in person, please join us on YouTube  
\*To view the livestream service please click the link below.



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### This week at

St. Martha's



#### Wednesday, October 30th

- Seashell Ringers practice at 1 pm.
- Choir practice at 7 pm.

#### Thursday, October 31st

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. This class is led by Rev. Ria. Drop ins welcome, by donation.

#### Friday, November 1st

- Stitch and Sketch will meet from 10 am to 1 pm in the parish hall. We have knitters, painters, quilters and many other crafters who gather to stitch, craft and socialize. All are welcome.

### **Saturday, November 2nd**

- Holiday Market from 9 am to 1 pm in the parish hall. Stop by and check out a variety of vendors offering their handcrafted wares. Get a jump start on your holiday shopping or treat yourself to something special instead.

### **Sunday, November 3rd**

- Sunday Book Study between services in the Narthex. Join us we continue discussing *Holy Rascals* by Rami Shapiro.
- Holiday Market continues after the 10 am service until 1 pm.

### **Monday, November 4th**

- Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.
- Parables of Jesus from 10:45 am-12:45pm in the parish hall. An approximately 10-minute film followed by a discussion and a simple meal. Sign-up sheets in the parish hall.
- Bowling at 4 pm at Millsboro Lanes. If you would like to play contact John Grannis before 9am (jhgrannis@gmail.com) This is not a league, so no weekly commitment.

### **Tuesday, November 5th**

- Qigong at 9:30am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. Bring a yoga mat if you have one, and some water. Suggested donation: \$10.
- Bible study at 1pm in the parish hall.

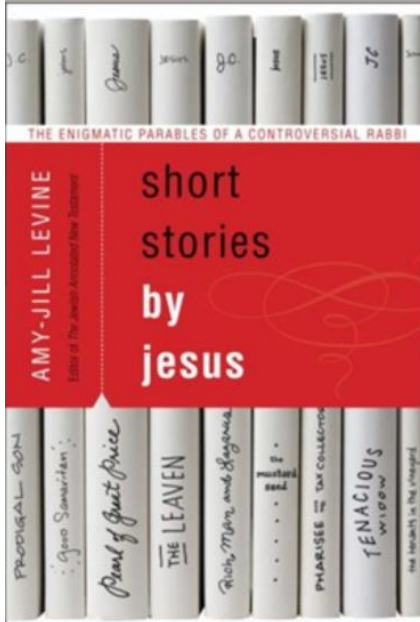
### **Wednesday, November 6th**

- Men's Discipleship Group will meet from 8 - 9am in the conference room.
- Seashell Ringers practice at 1pm.
- Choir practice at 7pm.

**Upcoming Events**

**PLEASE NOTE UPDATED DATE BELOW.**

# Parables of Jesus



Short film, discussion  
and light lunch

**Mondays from 10:45 - 12:45 pm**

- October 7th
- October 14th
- October 21st
- October 28th
- November 4th
- November 11th

**Sign up sheets in the parish hall.**

**Any questions please contact Pat Long (302) 841-8898.  
Sign-up sheet in the parish hall or call the office.**

# POSES FOR PEACE

**Christian Yoga Class**  
(modifications for beginners)



**Friday, November 8th**

**9:30 am - 10:30 am**

St. Martha's Episcopal Church  
117 Maplewood Street  
Bethany Beach, DE

A "love" offering will be accepted.  
Any questions, please contact Gari  
Lewis, certified Yoga instructor.  
(860) 985-2761

# ANNUAL MEETING



NOVEMBER 10

**SINGLE SERVICE**  
9:00 AM

MEETING TO FOLLOW IN THE PARISH HALL.  
A CATERED LUNCH WILL BE PROVIDED AT  
THE CONCLUSION OF THE MEETING.

**A Ministry Fair will be held in conjunction with the Annual Meeting.**

Please stop by the parish hall and sign up if you are planning to attend.  
We need a head count by November 1st for the caterer.

**[Vestry Nominee Bios](#)**



Join us for a fun-filled Game Night on Thursday, November 14th! We'll kick things off with soup and sandwiches at 5:30 pm, followed by a variety of games. This is a great chance to enjoy fellowship, laughter, and a little friendly competition. It's always a well-loved event, and we'd love for you to be a part of it! Sign up in the parish hall, but last-minute guests are welcome too. See you there!

# Outreach



Parishioners may sign up on Sunday for Thanksgiving donations of food items and Food Lion gift cards for the local schools. Please return your donations on Sunday, November 17. The sign-up sheets will be in the Parish Hall by the Outreach bulletin board.

Camp Arrowhead begins on-line registrations for summer camp weeks on December 1. In order to get your student the week they want, register as soon as possible.

**Collection of Pop-tabs for Ronald McDonald House ends the end of November.  
Remember to bring in your tabs to St. Martha's**

# Stewardship

**Pledge Update as of October 5, 2024**

<b>Number</b>	<b>Amount Pledged</b>	
24	\$83,810	<b><i>Increase</i></b>
25	\$60,520	<b><i>Same</i></b>
7	\$13,000	<b><i>Decrease</i></b>
11	\$23,620	<b><i>New</i></b>
<b>67</b>	<b>\$180,950</b>	<b>Total</b>

**Just a reminder, if you haven't already submitted your pledge card, please do so soon.**

# Announcements

## A SEASON OF PRAYER FOR AN ELECTION

**Nine Days of Prayer** for an election season. [Click here](#) to join Forward Movement's novena in a season of prayer. Novena is an ancient tradition of nine days of devotional prayers, often with a specific intention. In this case, pray for discernment in voting and for the well-being of our nation. Copies of the novena prayers will be available on Sunday as an insert in the service booklets.

### **OCTOBER 30: Pray for every human heart**

Grant, O God, that your holy and life-giving Spirit may so move every human heart and especially the hearts of the people of this land, that barriers which divide us may crumble, suspicions disappear, and hatreds cease; that our divisions being healed, we may live in justice and peace; through Jesus Christ our Lord. Amen.